

## Training

The rescuers have received official first aid, snow and avalanche training.

## Equipment

A mountain rescuer has a snowmobile, a utility model, to be able to tow a rescue sled or a loading sled.



Phot: Ove Strid

The equipment consists of a red mountain rescue coat, helmet, communication radio, first aid kit, map and compass.

The security equipment consists of axe, snow shovel and skis or snowshoes, among other things.



Photo: Ragnar Lilliestierna

## Mountain rescue coordinator

In every county in the Swedish mountain region, there is a police officer in charge of recruiting new mountain rescuers, including giving them training and necessary equipment.

### Further information:

in Norrbotten

[polismyndigheten.norrbotten@polisen.se](mailto:polismyndigheten.norrbotten@polisen.se)

in Västerbotten

[polismyndigheten.vasterbotten@polisen.se](mailto:polismyndigheten.vasterbotten@polisen.se)

in Jämtland

[polismyndigheten.jamtland@polisen.se](mailto:polismyndigheten.jamtland@polisen.se)

in Dalarna

[polismyndigheten.dalarna@polisen.se](mailto:polismyndigheten.dalarna@polisen.se)

or [www.polisen.se](http://www.polisen.se)

Polisen 114 14

Photo: Ragnar Lilliestierna

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# SWEDISH MOUNTAIN RESCUE



Photo: Bengt-Göran Wiik, Swedish Police



Call 112-SOS Alarm

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## About the Swedish Mountain Rescue

- The Swedish Civil Protection Act (2003:778) states that it is the responsibility of the police to seek and save people who are lost in a mountain region, and to save a person who has suffered an accident or contracted an illness and is in need of immediate care or assistance.
- 200 – 250 mountain rescue missions are performed every year.
- The police organizes training for local volunteers to become mountain rescuers. Together with the police, they form the Swedish Mountain Rescue.
- The Swedish Mountain Rescue consists of approx. 400 mountain rescuers in the Swedish regions of Dalarna, Jämtland/ Härjedalen, Västerbotten and Norrbotten.
- The Mountain Rescue is employed for emergencies both in summer and in winter, since the mountain regions are well visited all year round.



Photo: Ove Strid

- Alpine mountain rescue teams are stationed in Östersund and Kiruna.
- The Mountain Rescue has rescue dogs trained for avalanche searches.
- The Mountain Rescue also has cave rescue teams in Jämtland and Västerbotten.



Photo: Parne



Photo: Torbjörn Forselius

## CIFRO

The Swedish Civil Mountain Rescuers National Organisation has their own website, [www.fjallraddningen.com](http://www.fjallraddningen.com)



## Emergency telephones

There are emergency telephones at cabins and wind shelters along the most common tourist paths and they are marked out on the mountain map.

Remember to use mountain maps of the latest version and that mobile phones rarely work in the mountain regions. The emergency telephones are directly connected to Police County Communication Centre, by radio or by wire.



Photo: Ove Strid